



# Reference Point Therapy

## Level 3: Mastering the Miraculous



**“Instant Healings: Permanent Results”**

**A 12 day course taught over 2 weeks:**

**Your Instructors are Simon and Evette Rose**

## **Your Introduction to the new Course Material**

Thank you for your interest in our Level 3 course, Mastering the Miraculous. The mere fact that you are here, reading this, means that you are ready for a profound shift in your life. We acknowledge you for that.

This document explains the structure and content of the course, to help you decide how much this course will help you with your life's journey.

Mastering the Miraculous is about being in control of your life and destiny. This course will guide you to clear and resolve long standing issues and blocks in your life and to be a happier, healthier and a more empowered person. It will also help you develop your intuition and unlock your deep hidden potential that you have always had. If you want, you can become a gifted healing practitioner, spiritual coach or teacher.

We know that there are lots of courses out there. We know that they all make similar claims. We do something different. Really different. For a start, RPT *works*. We deliver. You really will witness instant healings and you really will experience the miraculous.

How can we prove that what we offer is different? Firstly, if you've watched our website and blogs you've seen demonstrations of the instant results Simon gets. That's just our Level 1 basic technique. Level 3 teaches you how to get those results faster, easier and every time.

**These are just some of the new changes that you will see in your life and that will assist you in your personal development journey:**

- Develop the courage and ability to see and clear your own “stuff” with absolute clarity (beliefs, trauma and core vibration tones);
- Clear any abuse (physical, emotional, sexual, financial, etc) in the gentlest way, ensuring that past trauma is not affecting your health, wealth, relationships and happiness;
- Set new boundaries in your personal and professional lives, and more importantly, enforce these boundaries with confidence and compassion. By starting this process during the course we can “workshop” the results so that the participants will leave the course confident in their healthy boundaries as well as be clear on their own boundaries;
- Be able to connect, listen to and understand your own body. Get out of your head and feel your feelings. You will know where in your body you store your blocks.
- Set goals for yourselves, especially health, wealth and relationships. You will spend 2 weeks clearing all the blocks to achieving these goals.
- Learn to heal yourself easily, to listen to and understand your own body.

### **In order to better help others (as well as yourself) you will:**

- Develop intuition and confidence levels to become a confident healing practitioner or spiritual coach;
- Understand the metaphysics of the human body – for instance what emotions affect what organs and systems, and what different diseases represent;
- To master the important goal of “**coherence**,” meaning your brain, your heart, your body and your spiritual self are all giving you the same answers to the same questions, every time. No longer will you struggle with “my heart says... by my head says...” With coherence comes freedom from most (if not all) physical, emotional and spiritual blocks.
- Have confidence to work on and witness instant healings on a wide variety of conditions;  
And, most importantly,
- Master self healing, that is, to be one’s own healer first and foremost, to work on things quickly and easily as and when they pop up.

## ***Technique overview***

The basic healing tools used on this course are the triune brain method of acknowledgment taught in our Level 1 RPT course and the Re-Conception technique taught in our Level 2 course. Once you are confident with both techniques, we will guide you through applying them in every area of your life. If you are not familiar with these techniques, or the history and overview of Reference Point Therapy, please take some time to read our website ([www.ReferencePointTherapy.com](http://www.ReferencePointTherapy.com)) and blog ([www.RPTblog.com](http://www.RPTblog.com)).

The key point to RPT is that anything can be healed instantly through the simple method of “acknowledging the origin.” Put differently, we heal through the power of acknowledging the underlying tone or vibration (usually a survival instinct in the R-complex or body-mind) at its first reference point.

This technique is proven and instant, and based on simple science. There is no spiritual belief or “magical thinking” required to get these extraordinary results.

Do you think you know the Level 3 content already? **Here’s a spot quiz:**

- **what’s the largest organ in the body and why is it fundamental for healing?** Answer: the fascia or connective tissue; it has the chemical properties of a liquid crystal, it both channels and stores information. This is where trauma is stored in your body.
- **what are the key tones that cause cancer and what can we do about this?** Answer: cancer has the diagnostic medical property of “invasion,” it invades other cells. The key tone will always be invasion (usually present in the egg at fertilization). Cancer usually has uncontrolled growth. This tone is often present in the zygote at segmentation. Invading cancer cells have no respect for cell boundaries. Your boundaries must be healed from fertilization onwards.
- **What part of your brain is involved in manifesting abundance? Name a manifesting technique that uses it?** Answer: it’s the R-complex (or “reptilian brain”) that has the sole purpose of attending to our basic needs; food, shelter and reproduction. When people manifest from the spoken word (neo-cortex) or from feelings, sounds and images (limbic system) they miss out on using the part of the brain whose sole purpose it is to bring us things like money (food); houses (shelter); soul mates (reproduction). People are manifesting with just half their brain! RPT teaches you full brain manifesting.

# Day by Day Structure

Each day of the course will reconnect your mind, body and spirit through clearing specific areas of trauma. The goal is to unite the head and heart first, then the body minds and spiritual minds to gain coherence by the end of the course. Full coherence allows you to heal and to manifest with the full brain and Being, not just the head or heart.

Specific physical systems and diseases are covered on each day, though the focus of the course is primarily on clearing emotional trauma and blocks in a natural and progressive way.

*The following is a day by day overview of the 12 day MtM program.*

## Day 1: Love

Arguably the most misunderstood energy / emotion in the universe is love. Unfortunately so many of us have trouble connecting with this feeling because of our trauma and associations around love.

### **On Love Day we:**

- Review the new healing techniques – the triune brain method;
- Clear the old hurt in our heart;
- Identify and release the trauma that stops us opening our heart to give and receive unconditional love;
- Verify that each of us is able to give, receive and keep an unconditional love healing;
- Know and understand the difference between thoughts and feelings, and between being in the head space and the heart space; and
- Reconnect the brain mind with the heart mind (leading to feelings of inner peace).

This day is incredibly powerful for people who have trouble opening themselves up to love. It is also very important for people who have trouble distinguishing between the head and the heart (thoughts and feelings) or people who can distinguish the head and heart but don't know which to follow. The correct answer of course is that you shouldn't listen to either the head or the heart – it should not be an either/or decision. At the end of this day your head and heart should be in alignment.

## Day 2: Letting Go of Grief, Pain and Hurt

Many people have been receiving healings their whole lives, however they never get better because they don't know how to let go. Another way to put this is that their "stuff" is still serving them in some way (secondary gain).

On this day we:

- Clear our secondary gain, to be able to let go of old stuff – physical, mental and emotional;
- Clear old grief, pain and hurt that we have been holding on to; and
- Make changes in our lives – to let go of clutter and things from the past we hold on to.

Many people feel stuck even after years of healing work. This is because they have not been able to let go of their problems, such as old abuse trauma. The reason is simply because it is still serving them in some unconscious way. At the end of this day you will have a much deeper idea about where and why you get stuck and how to quickly clear these problems.

## **Day 3: Clearing the Trauma of Sexual and Physical Abuse**

Abuse is any violation of a person's rights and boundaries. Because boundaries are personal, we each have different perceptions of what constitutes abuse. Today covers clearing all forms of abuse: physical, sexual, emotional, financial, spiritual, etc.

On this day we:

- Recognise abuse that we have experienced as well as what we have caused others.
- Understand the factors that lead to us being abused (e.g. poor boundaries, lack of self respect);
- Understand the factors that lead to us abusing others (this might be picking on siblings as a child, hurting parents, fighting with partner. It does not have to be physical). Through understanding comes acceptance and self-forgiveness. We have all hurt others from time to time, but we did this because of our own pain and trauma;
- Rediscover and embrace our own divine innocence;
- Deeply clear the trauma from all of the above;
- Restore our sense of self-worth; and
- Unite the body mind with the sexual (perineum) mind so that you know what your body wants and understand its signals.

For people who have a history of abuse this day is extraordinarily powerful. People are so relieved to know that they can safely clear all their trauma without talking about or reliving the experience. You can make a list of as many different traumatic events in your life as you recall, and clear them at the one time.

## **Day 4: Boundary Day (Clearing Parasites)**

We defined abuse as a violation of our boundaries. But what are boundaries and how do we go about setting them? How do we recognise other people's boundaries?

**Today we work on the very practical issues of:**

- Understanding and explore the nature of boundaries and of parasitic relationships;

- Understanding the Law of Exchange – *recognising* what is a fair exchange and what isn't;
- Being connected to one's own feelings and to another's feelings to recognise the sense of invasion;
- Clearing trauma of the times our boundaries were crossed. Releasing parasite energy from your body; and
- Practising (in class) saying "no" without fear of hurting people's feelings and clearing the blocks to setting boundaries with our family, colleagues and clients.

By the end of the day you will have developed a new set of boundaries which will change the patterns of exchange you experience for the rest of your life.

## Day 5: Ego, Control Issues and Ego

We create a lot of the drama, pain and suffering in our lives and in our bodies due to our control issues. This is a big "ego" day.

### On this day we:

- Understand the nature of ego and control. To master the ego by identifying and clearing ego issues;
- Overcome and release ego issues by truly "getting" the meaning of connectedness with others. We have developed new exercises to achieve this;
- Allow ourselves to be connected to the Divine Mind and to surrender to our higher path and purpose for us;
- Achieve a much higher level of inner peace and love (and release of conflict) through surrendering control and the ego-mind; and
- Seek to unite the brain mind with the "Buddha mind" or spiritual mind. The Buddha mind is the part of our self that we may confusingly call the "Higher Self," "Guardian Angel," or "Creator." It is where "clairaudience" comes from. With spiritual unity you embrace the Source within, rather than imagining it to be external guidance. You let go of any struggle and conflict between inner wants and spiritual guidance.

## Day 6: Structure, Support and Responsibilities

Lack of support is the underlying trauma that leads to many physical and emotional problems. Today we also look at the physical issues of skeletal system and cancer.

### On this day we:

- Examine the "story of my life" in relation to support. For instance, do you have a story that your father/mother didn't support you? Is this serving you or giving you an excuse for not really trying?
- Examine the responsibility issues in your life. Are you taking on responsibility for other people's problems (or the reverse)?

- Examine our relationship with structure. Is your life structured? Do you depend on structure? What happens to you when structures break away?
- Find how and where these issues have manifested in your body;
- Make practical changes in our life, such as letting go of responsibilities that are not yours, communicating this choice to others and asking for support where you need it; and
- Seek to unite the body mind with “throat mind” or skeletal mind.

People with back pain or skeletal problems often find that they have support and responsibility issues. These people experience profound results on this day.

We examine responsibility issues from both sides – where we take on too much responsibility (“carrying the weight of the world on our shoulders”) and the overlooked second side – responsibilities we are avoiding. One of the most important **hidden blocks to healing** is an unconscious refusal to take responsibility for our healing process. We show you how to find and clear these blocks.

## Day 7: Tension, (In)flexibility, Stubbornness and Rigidity

The tension we hold in our life from being rigid and inflexible manifests in our bodies, especially our muscles.

### On this day we:

- See for ourselves where we are rigid and inflexible in our lives;
- Identify where and how this manifests in our bodies;
- Identify and clear the beliefs and traumas create this rigidity, enabling us to bring flexibility into our relationships, work and physical bodies;
- Clear these rigidities, stubbornness, etc. using our healing work;
- Understand the fundamental role of connective tissue (fascia) in communicating and storing information (trauma) in our bodies. This allows us to heal physical hurts instantly through acknowledgment of the memories in the connective tissue; and

You will feel physically different at the end of this day. We all store trauma in our muscles and connective tissues. As we release this trauma and associated patterns of stubbornness and rigidity, our bodies release and give us greater freedom of movement. You can physically measure the improvement in your flexibility as well as the release of back, shoulder, neck and other pain.

## Day 8: Perception of Truth

What we believe to be true depends on our interaction with the outside world, especially what we see and hear. We have a filter that sits between us and the outside world. The clearer the filter, the clearer our connection to truth.

**On this day we:**

- Understand the subjective nature of “reality” and “truth;”
- Explore how our subjective perceptions of outside world create our experience. Seeing is believing, but is what we see and believe really what is happening? Is it real?
- Improve our eyesight and hearing through opening the blocks in our receptivity to truth; and
- Seek to unite the body mind with the third eye mind.

At the end of this day everyone notices an important shift in how we perceive ourselves and others. If you had been blocking or suppressing an experience (something you saw or heard), you will feel remarkably different. Many people even experience significant improvements in hearing and eyesight after letting go of the unconscious idea that some things are not safe to see or hear.

## Day 9: Communication Day

By this day we have cleared our trauma, our “stories’ and our control issues. Now we can function like the Divine Beings we are. We are here on a mission but can we communicate that message? Can we express our Truth?

**On this day we:**

- Explore and understand where our communication blocks lie;
- Explore the impact that our communication dramas and traumas have on our bodies (especially nerves / blood / hormones);
- Recognise where and when we stop listening. When does the message stop coming through?
- Clear the trauma of being misunderstood or unable to get our message across;
- Clear our communication fear, especially the fear of public speaking;
- Develop new communication skills – speaking truthfully and fearlessly; and
- Seek to unite the body mind / throat mind with the with the heart mind, allowing us to know and express what our body, heart and brain desire as one single coherent message.

This day is particularly powerful for people with communication issues such as a fear of full self-expression, or past trauma around speaking your truth. There are a variety of physical conditions linked to communication blocks. These include thyroid issues and nervous system disorders.

## Day 10: Friendship and Battle (Trust Issues)

We are constantly on the lookout, constantly making judgments – who to trust and who not to. Who is really a friend? When to fight, when to retreat and when to ignore? These core issues dominate our subconscious body-mind.

### On this day we:

- Establish our “reference points” or associations for friendship. Have our friends really been friends?
- Explore the people we call our friends – is there a difference between how we treat them and they treat us? Work on our boundaries around friendship;
- Establish when to trust and when not to;
- Balance our “fight or flight” mechanism, our judgment of when to battle and when to hide;
- Let go of battle with ourselves – i.e. release self-sabotage;
- Understand and clear our lymphatic and immune systems; and
- Seek to unite the biological minds with the placenta mind.

This day is particularly powerful for people who have a weakened (or over-active) immune system.

## Day 11: Insecurity, Anger, Injustice and Lack of Worthiness

Today we set the intention of clearing the final layers, particularly those affecting our interaction with the outside world.

### On this day we:

- Examine our interaction with others. How do others make us feel?
- Identify the key trauma points that make us vulnerable to insecurity, anger and injustice (and other strong negative emotions). Ultimately this relates to feelings of separation and aloneness. In clearing this trauma we can open our selves to a new sense of connectedness with the outside world.
- Release issues of insecurity, abandonment, anger, injustice, lack of worth;
- Choose what we want to manifest in our lives; and
- Seek to unite the biological minds with the soul.

One of the day’s exercises we encourage you to make a list of every single negative emotion you can think of – covering everything that has ever happened to you. Having cleared so much on the course already, we show you how to quickly and easily clear hundreds (or thousands) of



traumas and negative beliefs or emotions simultaneously. This is like the last clean-up of remaining negativity at the end of the course.

People with a negative outlook, and also people with skin complaints or issues find this day to be particularly powerful.

## **Day 12: Manifesting the Miraculous**

Having cleared so many layers we can redefine our identity, to change the way we see ourselves and the way we are perceived by others. Today is the day in which we get to choose who we want to be for the next period of our lives.

### **On this day we:**

- Experience wholeness and Beingness.
- Explore the “I can heal anything” consciousness state.
- Align and integrate all our work and look to the future;
- Experience coherence;
- Manifest our dreams (clearing any remaining blocks) using the whole-brain method; and
- Focus on physical healings and understanding the body as a whole.

This will almost certainly be your favourite day of the course, a reward for hard work. Having cleared so many traumas it is now possible to bring your minds (centres of awareness) into the “coherence”). From this space, healing work and manifestation are simple and powerful.